



Developmental Resources for Parents/Guardians

Developmental Milestones:

- Centers for Disease Control and Prevention (CDC) Developmental Milestones Checklists and Trackers: <https://www.cdc.gov/ncbddd/actearly/milestones/index.html>
- Learn More About the CDC's Milestone Tracker App: <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>
- Child Mind Institute: A Complete Guide to Developmental Milestones. <https://childmind.org/guide/parents-guide-to-developmental-milestones/>
- Pathways Developmental Milestones: <https://pathways.org/>

Social-Behavioral Resources:

- Essentials for Parenting will help you handle some common parenting challenges: <https://www.cdc.gov/parents/essentials/>
- Center for parent information and resources: The CPIR is pleased to connect you with sources of information for helping your child with his or her behavior at home. <https://www.parentcenterhub.org/behavior-at-home/>
- Center on the Social and Emotional Foundations for Early Learning: <http://csefel.vanderbilt.edu/resources/family.html>
- Resources to help support challenging behaviors at home: <https://childcare.gov/consumer-education/responding-to-challenging-behaviors>
- Pyramid Model Resource Library: Variety of visual supports available to support social-emotional growth and challenging behavior. <https://challengingbehavior.org/resources/>

Speech-Language Resources

- *Super Duper Handy Handouts*: Various handouts related to an array of speech and language concerns <https://www.handyhandouts.com/>
- *ASHA Practice Portal*: The American Speech-Language Hearing Association (ASHA) is an accredited source of information related to various speech and language disorders. The Practice Portal allows parents and practitioners alike to learn more about their child's disorders and evidence-based practices that facilitate progress. <https://www.asha.org/practice-portal/>
- *Phonological Processes by Little Bee Speech*: This handout outlines various sound substitutions that are common among school age children in addition to the age at which the sounds substitutions are no longer developmentally appropriate. https://littlebeespeech.com/resources/pdf/phonological_processes.pdf

Motor Resources:

- The OT Toolbox Parent Resources: <https://www.theottoolbox.com/parent-toolbox/>
- Tools to Grow: <https://www.toolstogrowot.com/>
- Therapy Street for Kids: <http://www.therapystreetforkids.com/>